Literature Room
San Pedro Room
FRI: 4:00 - 6:30 PM
8:15 - 9:15 PM
SAT: 8:00 - 11:30 AM
2:15 - 6:15 PM



# 2025 Unity Conference Happy, Joyous, & Free SA Program



Fellowship Room
San Diego Room
FRI: 3:00 - 6:45 PM
SAT: 6:30 - 11:45 AM
2:15 - 6:15 PM
SUN: 6:15 AM - 10:30 AM

Friday September 26					
TIME	San Felipe (Recorded)	San Juan	San Marcos	3rd Floor Executive Boardroom (Quiet Room)	1st Floor Plaza Ballroom (Recorded)
3:15 - 4:15	Self-Will to God's Will (AA60-63)		Emotional Landmines (12&12:91)	Quiet / Writing Room Stop By Concerige Table for	
4:30 - 5:30	Freedom from Lust (RC Feb 26)		Out of Despair (RC213)	Key/Access	
5:30 - 6:45	< Open Time >				
6:45 - 8:00	SPEAKERS - SA and S-Anon - Plaza Ballroom (Recorded)				
8:15 - 9:15	How it Works (WB 77 Paragraphs 2+3)	How I Found Serenity at Business Meetings (Essay Magazine)	One Day at a Time (WB95-96)	Quiet / Writing Room Stop By Concerige Table for Key/Access	Couples Meeting: Communication in Recovery
9:30 - 10:30	Fellowship - Plaza Ballroom				
	Saturday September 27				
TIME	San Felipe (Recorded)	San Juan	San Marcos	3rd Floor Executive Boardroom (Quiet Room)	1st Floor Plaza Ballroom (Recorded)
6:30 - 7:30			Attitude Adjustment - Belonging and Acceptance (RC276)		
7:45 - 8:45	Growing out of Unhealthy Dependency (REC61)	Three Mottoes (RC225)	We Agnostics (AA567)	Quiet / Writing Room	Joint Meeting: From Shame to Grace
9:00 - 10:00	The Gift of Staying (WB2, 151-153)	Victim No Longer (RC134)	The Top Plate (REC49)	Stop By Concerige Table for Key/Access	SA Panel for S-Anons (Open)
10:15 - 11:45	Recovery Roundtable Panel (WB The Solution)	Self Confidence vs. Step One (12&12 21-24)	¿Cómo llevar el mensaje de recuperación de SA en la familia? (Hybrid Panel en Español)		Couples Meeting: Intimacy in Recovery
12:00 - 12:45	LUNCH (pre-paid) - Plaza Ballroom				
12:45 - 2:00	SPEAKERS - SA and S-Anon - Plaza Ballroom [7th Tradition for S-Anon] (Recorded)				
2:15 - 3:45	Putting Down the Drink Isn't Enough (REC81-82)	Same Sex Acting Out (ESH)	Correctional Facilities Committee Panel (Hybrid) - Sponsoring Outside the Box	Quiet / Writing Room Stop By Concerige Table for Key/Access	Joint Panel: Am I Waiting on Them, or Working on Me?
4:00 - 5:00	The Serenity Prayer (RC177)	I am a Double Winner - Open for SAs and S-Anons (SA Problem)	The Moral Inventory (WB107-108)		S-Anon Panel for SAs (Open)
5:15 - 6:15	People Over Pixels - From Isolation to Intimacy (WB157-163)	The Benefits of Service (SIA199-201)	SA Women - Let The Fellowship Love You First (AA335,337)		Couples Meeting: Rebuilding Trust Brick by Brick
6:30 - 7:15	DINNER (pre-paid) - Plaza Ballroom				
7:30 - 8:45	SPEAKERS - SA and S-Anon - Plaza Ballroom [7th Tradition for SA] (Recorded)				
9:00 - 10:30	To Handle Sobriety (AA 558-559)  Game Night				
Sunday September 28					
TIME	San Felipe (Recorded)	San Juan	San Marcos	3rd Floor Executive Boardroom (Quiet Room)	1st Floor Plaza Ballroom (Recorded)
6:30 - 7:30			Attitude Adjustment - A Faith That Works (RC277)	Quiet / Writing Room Stop By Concerige Table for Key/Access	
7:30 - 8:00	Free Time				
8:00 - 9:00	Embracing My Sexaholism (AA30-31,152)	Navigating Grief Sober (RC55)	Sponsorship (SIA 191-192)	SA Southwest Regional Assembly	S-Anon Birthday Meeting
9:15 - 10:15	The Promises (AA 75, 83- 85)		Emotional Sobriety (The Next Frontier-Bill W Letter)	Stop By Concerige Table for Key/Access	Joint Meeting: Higher Power Can
10:30 - 11:45	SPEAKERS - SA and S-Anon - Plaza Ballroom (Recorded)				
12:30 - 2:00	> Committee Wrap-up - Fellowship Room <				
KEY:	S-Anon Meeting	Joint = SA & S-Anon Led	Couples = S-Anon Led	SA Meeting	AA= AA Big Book / WB = White Book RC = Real Connection / SIA = Step Into Action Essay = Essay Magazine REC = Recovery Continues

### **The Serenity Prayer**

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

### **Third Step Prayer**

God, I offer myself to Thee - to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy power, Thy love, and Thy way of life. May I do Thy will always!

### The Seventh Step Prayer

My Creator, I am now willing that you should have all of me, good and bad.

I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows.

Grant me strength, as I go out from here, to do your bidding. Amen

# 11th Step Prayer

# Lord, make me a channel of thy peace,

that where there is hatred, let me bring love - that where there is injury, let me bring forgiveness - that where there is doubt, let me bring faith - that where there is despair, let me bring hope — that where there is discord, let me bring harmony-that where there is error, let me bring truth - that where there is darkness, let me bring light.

# Lord, grant that I may seek rather

to comfort, than to be comforted to understand, than to be understood to love, than to be loved.

For it is by self-forgetting that one finds.

#### **Set-Aside Prayer**

God, please enable me to set aside everything I think I know about you, myself, and others and about my own recovery so I may have an open mind and a new experience with all these things. Help me see the truth about myself.

### **Morning Prayer**

God, direct my thinking today so that it can be divorced of self will, self-seeking, and fear. Inspire my thinking, decisions, and intuitions. Help me to relax and take it easy. Free me from doubt and indecision. Guide me through this day and show me my next step. God, give me what I need to take care of any problems. I ask all these things that I may be of maximum service to you and my fellow man.

# **Evening Prayer**

God, forgive me where I have been resentful, selfish, dishonest or afraid today. Help me to not keep anything to myself but to discuss it openly with another person. Show me where I owe an apology and help me make it. Help me to be kind and loving to all people. Use me in the mainstream of life, God. Remove any worry, remorse, or morbid (sick) reflection that I may be of usefulness to others. Amen.

Unity Conference Evaluation Form bit.ly/UnityEval2025

