Literature Room San Pedro Room FRI: 2:00 - 3:30 PM 5:30 - 6:30 PM SAT: 8:00 - 12:30 AM 5:00 - 7:00 PM SUN: 7:00 - 8:00 AM



## 2025 Unity Conference Happy, Joyous, & Free

2021 HAPPY, JOYOUS, AND FREE Fellowship Room San Diego Room FRI: 3:00 - 6:45 PM SAT: 6:15 - 11:45 AM 2:15 - 6:15 PM SUN: 6:15 AM - 10:15 AM

## **SA & S-Anon Program**

		Friday		
TIME	San Gabriel	San Carlos (Recorded)	Segerstrom (Quiet Room)	Terrace Pavillion
3:15 - 4:15 PM	Keep the Focus on Myself (ROH p.128)		- Quiet / Writing Room	
4:30 - 5:30	Welcome to the Newcomer (ROH p.118)	Fellowship, Connection & Joy (ROH p.361)		
5:30 - 6:45	< Open Time >			
6:45 - 8:00	SPEAKERS - SA and S-Anon - Terrace Pavillion (Recorded)			
8:15 - 9:15	Grieving (ROH p.137)	Honesty, Faith & Surrender (ROH p.134)	Fellowship with a Topic - Letting Go of Blame (ROH p.126, p.139)	Couples: Communication in Recovery
9:30 - 10:30	Fellowship - All are Welcome - Terrace Pavillion			
	Saturday			
TIME	San Gabriel	San Carlos (Recorded)	Segerstrom (Quiet Room)	Terrace Pavillion
7:10 - 7:40 AM		Just For Today (CTC p.271)	- Quiet / Writing Room	
7:45 - 8:45	A Fearless Moral Inventory (BB p.69)	Living with Active Addiction (ROH p.227)		Joint: From Shame to Grace
9:00 - 10:00	Being Single: A New Kind of Love (ROH p.250)	Sex is Optional (ROH p.124)		SA Panel (Open)
10:15 - 11:45	Longtimers (CTC p.102)	To the Newcomer: We're Glad You're Here (ROH p.6)		Couples: Intimacy in Recovery
12:00 - 12:45	LUNCH (pre-paid) - Terrace Pavillion			
12:45 - 2:00	SPEAKERS - SA and S-Anon - Terrace Pavillion [7th Tradition for S-Anon] (Recorded)			
2:15 - 3:45	Workshop: Acceptance	Surrendering to Higher Power (ROH p.22)	Quiet / Writing Room	Joint Panel: Am I Waiting on Them, or Working on Me?
4:00 - 5:00	Trust in Higher Power (ROH p.255)	Changing the Things We Can (ROH p.77)		S-Anon Panel (Open)
5:15 - 6:15	Honoring Your Needs (ROH p.292)	Responding v. Reacting (HFT p.9)	Fellowship with a Topic - Acknowledging Our Assets (CTC p.181, p.183, p.230)	Couples: Rebuilding Trust Brick by Brick
6:30 - 7:15	DINNER (pre-paid) - Terrace Pavillion			
7:30 - 8:45	SPEAKERS - SA and S-Anon - Terrace Pavillion [7th Tradition for SA] (Recorded)			
9:00 - 10:30	Game Night - All are Welcome - Terrace Pavillion			
	Sunday			
TIME	San Gabriel	San Carlos (Recorded)	Segerstrom (Quiet Room)	Terrace Pavillion
7:15 - 7:45 AM		An Attitude of Gratitude (ROH p.216)	Quiet / Writing Room	
8:00 - 9:00		A More Understanding Heart (ROH p.140)		S-Anon Birthday Meeting
9:15 - 10:15	The Gifts of S-Anon Recovery (ROH p.16)	Freedom Through Forgiveness (ROH p.343)		Joint: Higher Power Can
10:30 - 11:45	SPEAKERS - SA and S-Anon - Terrace Pavillion (Recorded)			
12:30 - 2:00 PM	> Committee Wrap-up - Fellowship Room <			
KEY:	S-Anon Meeting	Joint = SA & S-Anon Led	Couples = S-Anon Led	SA Meeting
KEY:	*ROH = Reflections of Hope	*CTC = Courage to Change	*BB = The Big Book	*HFT = Hope for Today

Updated: 8/15/2025